Sharing social media-passwords amongst youth in Norway
Why do young people share their passwords?

One in three 16 – 17-years olds say that they have given others access to their social media-passwords. They state several reasons for this, but one of the main reasons is to maintain Snapstreaks.

«When we share passwords we become more vulnerable to hacking. Not to mention giving others access to private pictures and content.»

Hans Marius Tessem, The Norwegian Center for Information Security – NorSIS
Findings from a national survey in 2019

• 32% of 16 – 17 year olds say that they have given others their password to one of their social media-accounts during the last year

• 69% of those who gave others access to their passwords state that they gave it to a friend, and 23% stated that they gave it to a boyfriend/girlfriend/partner

• 55% of 16 – 17 year olds say «no» when asked if they have been educated on how to set ut passwords online

• 35% of 16 – 17 year olds state that they have set up two-step verification on some of their accounts
Our advice to youngsters on social media

• Use different and unique passwords on each of your accounts

• Be aware of what you share – and don’t share online

• Always ask before posting or sharing pictures and videos of others

• Use two-step verification whenever possible, which means logging in with a password as well as using a code you receive on your phone